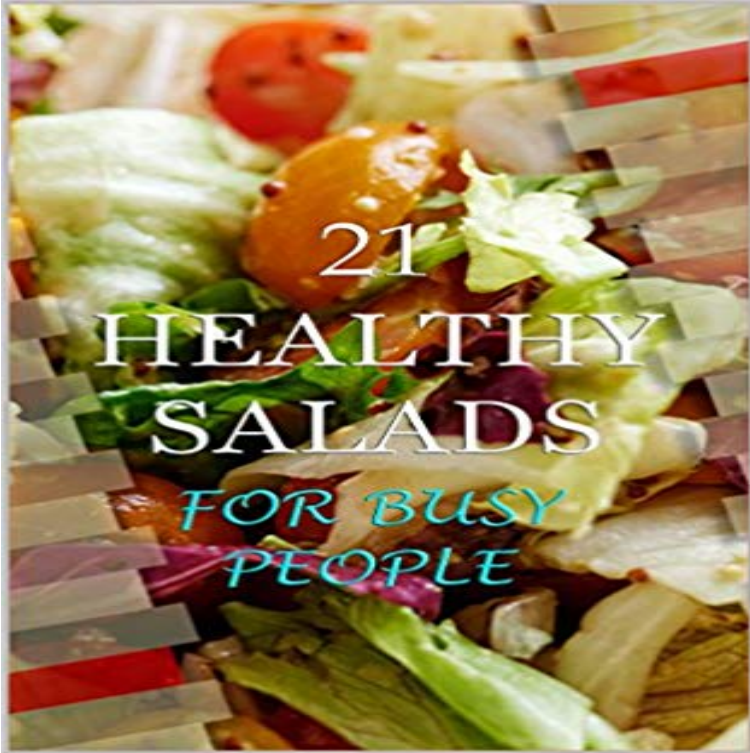


21 Healthy Salads: For Busy People (Healthy Recipes)



This book contains the best healthy recipes of salads for busy people. All recipes are practical, easy and quick. If you are overwhelmed with work but still you want to eat healthy, this is the right book for you! The book contains 21 recipes: you will have one healthy recipe for each working day of the month. And you wouldn't have to worry anymore what to eat for dinner! Each salad is unique and is made only from natural ingredients. It will recharge your body with all essential nutrients which you probably have depleted during the day. These salads are easily digestible, so if you eat it for dinner it won't interfere with your sleep. You will wake up happy and refreshed! Enjoy!

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