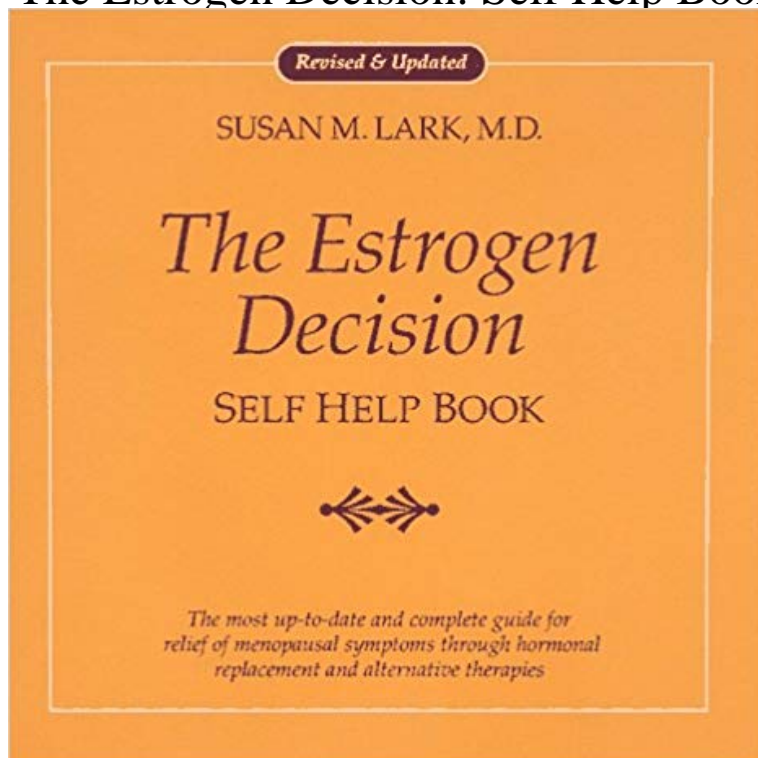


## The Estrogen Decision: Self Help Book



Millions of women in America are making the estrogen decision every day. But recent conflicting data has made the choices more complicated. Hormone replacement therapy, or HRT, has been hurled into the eye of a controversial medical and media hurricane. Dr. Susan Lark has unraveled fact from fiction and presents the confused reader with clear information, weighing the obvious benefits against both the immediate and long-term side effects. Because each woman is physiologically unique, there is no right or wrong choice. But by presenting all the options, Dr. Lark can help the reader make an informed health care decision.

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