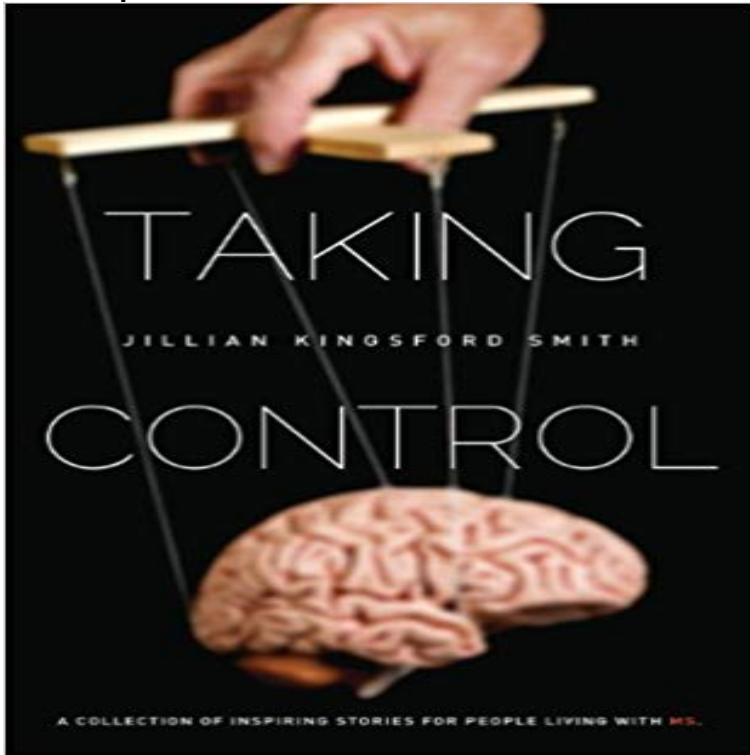


# Taking Control: A Collection of Inspiring Stories for People Living with Multiple Sclerosis



Each week, 200 people are diagnosed with MS, adding to the approximately 2.5 million people living with the condition worldwide. Despite this large number, so little is really known about the condition and it can be difficult to find practical, real-life advice that you can put into action. Taking Control is an inspiring journey through the lives of 15 people living with MS. Read how they were diagnosed & address their greatest fears to go on & create a new life. Practical advice and over 100 tips to help you put your life back together.

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