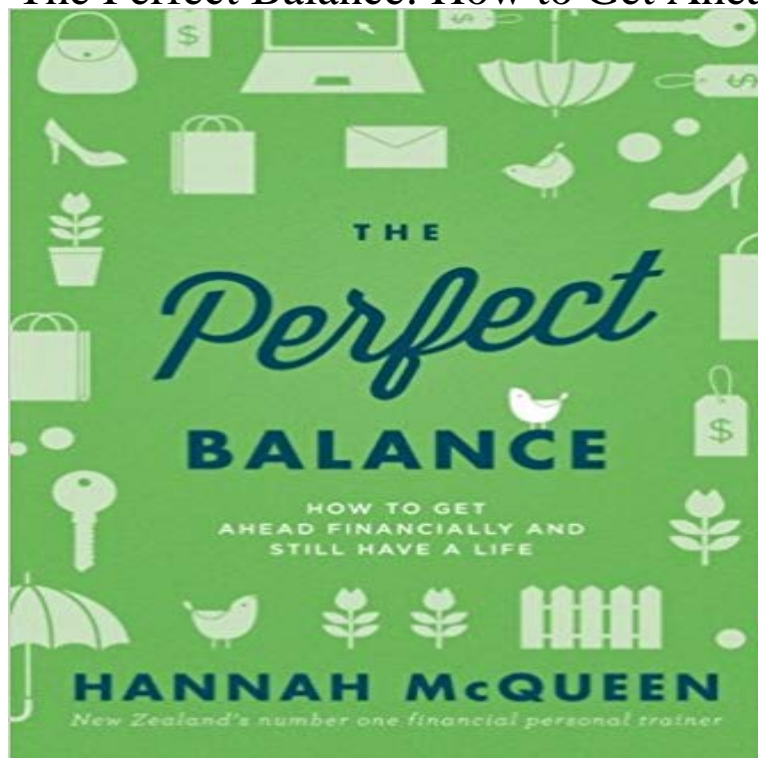


## The Perfect Balance: How to Get Ahead Financially and Still Have a Life



The secret to getting ahead is spending less than you earn. Sounds easy but in reality it's not. If you want to lose weight, the accepted wisdom is that going on a diet isn't the answer. You need to change the way you eat permanently. According to Hannah McQueen, the same logic should apply to finance. If you want to change the way you deal with money, a rigid budget isn't the answer. Instead, you need to change your relationship with money. In this book, Ms. McQueen, who is a financial personal trainer, will share her secrets for getting ahead financially. Some topics covered will include, recognizing your money personality and working with it, how to deal openly and honestly about finances in your relationship, how to avoid frittering money away and get the maximum satisfaction from every dollar you spend dealing with debt as quickly and painlessly as possible, setting financial goals and staying accountable to the results, spending less than you earn and still being happy, and paying your mortgage off faster.

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